Steps for   sending email to specific user  
1.Just click  on user email id  
2.go to manage your Google account  
3.just click on security   set 2 step verification  
4.after that search for app password in search bar.  
5.for creating app password  
  1.Just click on select app  
  2.Select use other location  
   From drop down box       
  3.give the name as per ur  
      Requirement.  
  4 .generate password  
  5.copy the generated     
      Password.  
6.open the text editor and paste the code  and  paste the app password  as we copied earlier also give sender  and receiver email id as ur wish  
7.after all of these steps just go to replit online editor  
  1.first we need to login into     
      Editor.  
  2 .go to create replit and     
       Select ruby and give title  
       Name as ur wish and  
       Click on  create replit.  
3.paste the  code  in replit  
4.just install the PKG like gem install mail.  
5.run the program through command like ruby main.rb